CREATING SACRED SPACE

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WHAT IS SACRED SPACE?

Long ago all was sacred, our ancestors lived as one with earth. Sacred space provides an environment for profound healing to occur. There are many different energies that surround us; some are beneficent, others are dense and intrusive. Creating sacred space establishes a safe, protective, energetic field or sphere of light around you before prayer, meditation or any type of spiritual work. Through invocation of Energies of Light, the vibrational level of your space is also raised; facilitating release of energy and patterns that do not serve us, providing us with clarity and guidance along the path of healing and new beginnings.

Sacred space can be opened around an individual or a group and can be done indoors or outside by invoking sacred energies of any cultural or spiritual tradition. Spiritual tools can be used (e.g., rattles, drums, wands, feathers) however, they are not necessary. Sacred space can be created simply by facing each direction and invoking the energies. The most important thing is to connect with your heart and use your “intention”. Use the power of your voice to invoke the sacred energies by chanting or simply speak the invocation. Once you have opened Sacred Space, stay within the circle and do your work.

OPENING SACRED SPACE IN THE INCA TRADITION

Universal archetypes are primordial energies and organizing principles that animate all life. They are forces of physics, biology and the cosmos. A sacred, universal archetype is associated with each of the 7 cardinal directions as well as the 7 chakras within the luminous energy field (aura) of the human body. You will receive the sacred elements and archetypes in your luminous energy field/chakras with subsequent energetic attunements and we will be discussing these in more detail at that time.
UNIVERSAL ARCHETYPES

- **Hatun** – (Hot Tune) means “Great” – you will hear me saying this word often during invocations.
- **South** – Sasha Mama (Serpent – universal life force, creation and archetype of the healer)
- **West** – Mama Otorongo (Oh-tow-rown-go) Jaguar – fearlessness and courage to explore shadow side/darkness
- **North** – Siwar Quenti (See-War Kwĕn-tee) Hummingbird – perseverance on our epic journey back to Source/sweetness of life and connection with ancestors
- **East** – Apuchin/Condor (Ăh-poo-sheen) Eagle/Condor – force of transcendence/pure energy/vision/Spirit
- **Lower World** – Hauscar Inca – (Was-car) Lord of the Lower World – our individual past as well as that of humanity as a collective.
- **Middle World** – Quetzalcoatl (Kĕt-saw-coal-wall) Guardian of our Linear World – our ability to overcome the past, heal and acquire wings to fly above the mundane world.
OPENING SACRED SPACE WHILE STANDING IN FRONT OF YOUR ALTAR

**Standing:**

Face South- Sasha Mama, Sacred Energies of the South & Element of Fire, come give me courage and strength to overcome all barriers and obstacles. Protect my medicine space.

Face West- Mama Otorongo, Sacred Energies of the West & Element of Water, come purify my mind & emotions. Help me move fearlessly into new beginnings.

Face North- Siwar Quenti, Sacred Energies of the North & Element of Earth, come support me in my efforts to evolve. Guide me along my epic journey and help me to drink only from the nectar of life.

Face East- Apuchin/Condor, Sacred Energies of the East & Element of Air, come provide illumination and clarity on my path.

**Kneeling:**

With palms/forehead on ground – Hauscar Inca, PachaMama (Earth Mother) thank you for abundance in all ways, hold me in your gentle caress as I seek to heal the wounds of the past.

**Standing:**

With palms raised– Pachacuti, Sacred Energies of the Heavens, guide me into my divine future.

With palms in prayer pose at your heart–invoke Sacred Energy within you. Come Higher Self/Sacred Guide, I am one with you – help me to fulfill my soul’s purpose for being here on earth.

Now, visualize yourself within a sphere of Light with all directions (south, west, north, east, below & above) connected at your heart center. When you’re done with your work, thank the energies and close the sacred circle by stating, “I now close this sacred circle”.
